

## Co-ed Format Races

Race 1: 5th grade Ribbon-Winners Race for a distance of 1 mile for boys and girls who have finished in the top 25 in either of the first or second SPL race of the season ( i.e., won a ribbon for finishing in the top 25 in either of the first two races). The boys and girls will be running together at the same time with the awards as follows: ribbons for boys finishing 1 thru 25 among the boys only, ribbons for girls finishing 1 thru 25 among the girls only, and team ribbons for the top 6 teams that are determined by the top 3 runners of each school in overall place for the race, regardless of whether those top three runners are boys or girls for the school. For example, a school total will be 60 points for a team that had a boy finish in 15th place overall including boys and girls, a girl finish in 20th place overall including boys and girls and a boy finish in 25th place overall including boys and girls. In other words, the team totals for the team awards, unlike the individual ribbons, will not be broken down by boys or girls categories but will group all runners together.

Race 2: 5th grade Open Race for a distance of 1 mile for boys and girls who have NOT finished in the top 25 in either of the first or second SPL race of the season. The boys and girls will be running together at the same time with the awards as follows: ribbons for boys finishing 1 thru 25 among the boys only, ribbons for girls finishing 1 thru 25 among the girls only, and team ribbons for the top 6 teams that are determined by the top 5 runners of each school, regardless of whether those top five runners are boys or girls for the school. See Race 1 for details for determining team places, except 5 runners count for each school team due to the many more runners in the Open Race as compared to the Ribbons-Winners Race.

Races 3 and 4 are 6th grade, races 5 and 6 are 7th grade and races 7 and 8 are 8th grade, all run in the same manner.

Note, Boys and Girls finish in same chute (**and we will only have one chute**) and sticks with consecutive numbered places are given depending how they finish overall. For example, first overall finisher if boy 1 will get stick 1, second overall finisher if boy 2 will get stick 2, third overall finisher even if girl 1 will get stick 3, fourth overall finisher even if boy 3 will get stick 4, fifth overall finisher even if girl 2 will get stick 5, etc. At the end of the chute, we hand out ribbons 1 thru 25 to the first 25 boys and 1 thru 25 for the first 25 girls regardless of their stick number on placement in the race. The team totals are then added up based on the stick placements in the overall race where boys and girls are not separated.

Since there is only one chute with boys and girls finishing together we will have to wait until the previous race is almost finished to start the following. The boys timer will start race the first race girls the second race.

**Important Note:** If you have a runner who did not run in the first two meets please place him/her in the appropriate race meaning if you know he/she is a top 25 runner then they are to be in the ribbon winner race.